OSNOVA - HUMAN BODY, HEALTH CARE

1. Describe a human body and its main parts, the importance of some organs.
2. Introduce healthy lifestyle – food, diets, sports activities, relaxation, positive attitude to life.
3. Name some common, serious and lifestyle diseases. Talk about accidents and injuries in traffic and in everyday life,.
4. Mention negative influences on our health (drugs, diets, weather, environment).
5. Name types of medical care.
6. Describe health care in our country. What is the procedure at the doctor‘s when you feel ill, describing symptoms, doctor’s activities and advice for your health.
7. Specify various types of health care providers (conventional, alternative).